

Asian Heritage Month 2021 "Trailblazers in Social Justice"



BALDEV MUTTA

CEO & FOUNDER, PUNJABI COMMUNITY HEALTH SERVICES

Baldev Mutta has worked in the field of social work for over 45 years. He has been instrumental in the development of holistic, culturally-informed social services for South Asian communities and other racialized groups in Peel Region and beyond, both through Punjabi Community Health Services and through his involvement and support of partner agencies in achieving progressive mandates spanning issues of law, mental health and substance use, housing justice, LGBTQ+ rights, gender-based and family violence, and equity.

Baldev originally founded Punjabi Community Health Services (PCHS) in 1990 as a community development project in the Central West and Mississauga Halton region. Since then, it has since grown into an internationally accredited not-for-profit, charitable organization, and health service provider with offices in Canada, Australia, and India.

The organization has been a forerunner in calling attention to the complex and diverse needs of the South Asian community, and supporting the most vulnerable members of this community, including those living with addiction, individuals fleeing family violence, elders facing food insecurity, and newcomers to Canada. During the Covid-19 pandemic, PCHS has also been providing services and resources for COVID-19 to these communities. This includes financial services, hot meals, referral to isolation centers and other wrap around services.

Under his leadership, PCHS has been a shining example of the effectiveness of social services that develop in line with changing community needs in producing positive social outcomes. Through his own client-facing work, as well as through the tireless work of the team at PCHS, over 15 000 people have been connected with the help they need - from reducing food insecurity, culturally-informed counselling, nutritional and dietary coaching, addictions counselling, and more.

We at SALCO applaud the decades-long commitment Baldev Mutta has shown to reducing inequity, addressing vectors of social and economic precarity, and overall, contributing in a large way to a more inclusive, equitable, and healthy community for South Asians across social and economic lines in Canada.

See more of Baldev's work



[Baldev Mutta](#)

<https://pchs4u.com/>

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