

EMERGENCY CONTACTS

Outside Canada:

If you are outside Canada, contact the Emergency Watch and Response Centre via email at sos@international.gc.ca or telephone at 1 (613) 996-8885 (collect calls accepted from most countries).

Inside Canada:

If you are in danger you can always call 9-1-1.

If you need more information on forced marriage or want to talk about your own situation we can help you (our services are free and confidential).

South Asian Legal Clinic of Ontario (SALCO)
(416) 487-6371

www.salco.on.ca / www.forcedmarriages.ca



Forced Marriage: SAFETY TIPS

If you are currently in a forced marriage situation please take the following precautionary steps to ensure your safety:

- Open a bank account in your own name;
- Leave spare copies of important documents such as passport, Social Insurance Number, and birth certificate with a trusted person;
- Leave spare clothing, cash and other necessities with a trusted person;
- Have a telephone card or change for urgent calls;
- Keep helpline and other important numbers close at hand; and
- Arrange alternative emergency accommodation.

If / when you decide to leave the forced marriage situation, take your personal possessions such as:

- Proof of identity (something with a photograph and signature i.e. passport, student ID, driver's license AND Social Insurance Number)
- Any medication and medical cards;
- Address book and any photographs;
- Marriage/divorce papers; and
- Jewellery, clothing and other valuables.

If you plan to leave the country, DO NOT forget to register with Department of Foreign Affairs and International Trade at www.travel.gc.ca/register.